

Get Fit To Get Healthy!



RIVERSIDE Fitness Centre

250-674-0001

Clearwater Plaza - 58 Young Road
Next to Brookfield Shopping Centre
www.clearwaterfitness.ca

SUPERIOR EQUIPMENT & SERVICE

- Treadmills, Elliptical Trainers & Bikes (Cable TVs)
 - Professional Series Strength Machines
 - Olympic Quality Free Weights
- Certified Trainers to Help You Reach Your Goals
 - Yoga Classes & Core Strengthening Courses
 - Relaxation Massage & Childminding
- Juice Bar: Smoothies, Protein Bars, Drinks & Etc.

Helping You Commit To Getting Fit!

Monday to Thursday ... 6:00 am to 9:00 pm
Friday 6:00 am to 6:00 pm
Saturday 11:00 am to 3:00 pm
Sunday 11:00 am to 1:00 pm

MEMBERSHIP

- \$45.00 /month - 6 month contract
- \$39.99/month - 1 year contract
- ONLY \$34.99/month - 2 year contract

PRE-AUTHORIZED MONTHLY DEBIT available

Seniors, Spouse & Student Specials

A \$69.99 Enrolment fee is required on all new memberships and includes a comprehensive consultation with a BCRPA certified weight trainer.

DROP-IN FEES

- \$10/session \$24.99/week \$59.99/month
- 3 month unlimited pass: \$159.99
- Punch Card of 15 drop-ins: \$ 99.99 (valid for 3 months)

PERSONAL TRAINING CONSULTATIONS

Improve your weight training & cardio routine with one-on-one sessions with a BCPRA certified personal trainer. These individualized sessions will provide you with the guidance and encouragement to help you meet your fitness goals.

Fees are \$30.00/hour or 4 hours of sessions for \$99.99

Gift Cards Available

We Accept: Interac, VISA, Master Card & AMEX

Rafting



CLEARWATER, BC, CANADA
WWW.WELLSGRAYRAFTING.CA

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Robert & Liana Beaudry
Box 2538, Clearwater, BC, V0E1N0
Email: info@riveradventures.ca